



#### **Behavioral Health is Essential To Health**

#### **Prevention Works**





#### **Treatment is Effective**



#### **People Recover**



## Understanding SAMHSA's National Registry of Evidence-based Programs and Practices





## What Is NREPP?

- A searchable, online registry of mental health and substance abuse interventions that have been reviewed and rated by independent reviewers
- New site (**www.nrepp.samhsa.gov**) launched March 1, 2007
- Assists the public in identifying interventions that—
  - Have been scientifically tested (have an "evidence base")
  - Can be readily disseminated to the field
  - May fit various needs and resources
  - Focus of the interventions is outcome specific



## **Current Status of NREPP**

#### As of September 2012—

- 253 interventions have been reviewed and posted on the NREPP Web site
- **5** interventions have undergone a second review, with the new review added to the NREPP Web site
- **130** additional interventions are in the NREPP review queue
- **3–7** new summaries are posted per month
- There are more than **13,500** visitors to the Web site per month

## **Reach of Current NREPP Interventions**

- Taken together, the **253** interventions on NREPP have been implemented—
  - In more than **344,000** sites
  - In 50 states and 6 U.S. territories
  - In more than **114** countries
  - With more than **135,000,000** clients



### Language Translations of Current NREPP Interventions

- Dissemination materials for NREPP programs have been translated into more than **35** different languages; the **5** most frequent language translations are:
  - 1. Spanish
  - 2. Chinese
  - 3. Dutch
  - 4. German
  - 5. French
- NREPP intervention summaries are provided in Spanish for **51** programs with materials currently being disseminated in Spanish

#### NREPP Program Areas of Interest

Mental health promotion: **107** 

Mental health treatment: **65** 

Substance abuse prevention: **102** 

Substance abuse treatment: **62** 

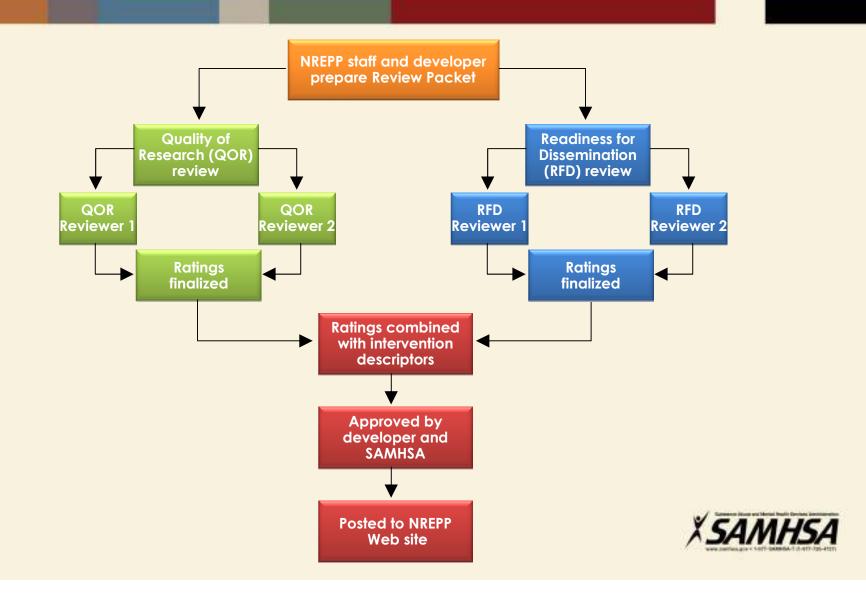


## NREPP Programs With NIH Funding

152 of the 253 posted NREPP interventions were partially or fully funded by the National Institutes of Health



## **NREPP Review Process**



# **QOR Rating Criteria**

- 1. Reliability of measures
- 2. Validity of measures
- **3**. Intervention fidelity
- 4. Missing data and attrition
- 5. Potential confounding variables
- 6. Appropriateness of analysis

For more information about the QOR review, see <a href="http://www.nrepp.samhsa.gov/ReviewQOR.aspx">http://www.nrepp.samhsa.gov/ReviewQOR.aspx</a>



# **RFD Rating Criteria**

- 1. Availability of implementation materials
- 2. Availability of training and support resources
- **3**. Availability of quality assurance procedures

For more information about the RFD review, see <a href="http://www.nrepp.samhsa.gov/ReviewRFD.aspx">http://www.nrepp.samhsa.gov/ReviewRFD.aspx</a>



#### NREPP Minimum Review Requirements

- 1. Study with experimental or quasi-experimental design (including time-series, with at least three measurements before and three measurements after the intervention)
- 2. Study results published in a peer-reviewed journal article OR a comprehensive evaluation report
- Study results include behavioral outcomes (p ≤ .05) in substance abuse and/or mental health
- 4. Dissemination materials developed and available to the public

For more information about NREPP submissions, see <u>http://www.nrepp.samhsa.gov/ReviewSubmission.aspx</u> <u>http://www.nrepp.samhsa.gov/SubmissionCourse.aspx</u>



#### **NREPP Submission Contact Information**

Individuals and/or organizations interested in submitting an intervention for potential inclusion in NREPP should contact the NREPP contractor, MANILA Consulting Group:

> Phone: 1-866-43NREPP (1-866-436-7377) Email: <u>nrepp@samhsa.hhs.gov</u>



#### **NREPP Contact Information**

For questions about NREPP or other SAMHSA activities to promote the use of evidence-based services, contact:

Kevin D. Hennessy, Ph.D. Science to Service Coordinator, SAMHSA Phone: 240-276-2234 Email: Kevin.Hennessy@samhsa.hhs.gov



# Thank You

## **Reliability of Measures**

- 0 = Absence of evidence of reliability or evidence that some relevant types of reliability (e.g., testretest, interrater, interitem) did not reach acceptable levels.
- 2 = All relevant types of reliability have been documented to be at acceptable levels in studies by the applicant.
- 4 = All relevant types of reliability have been documented to be at acceptable levels in studies by independent investigators.



## **Validity of Measures**

- 0 = Absence of evidence of measure validity, or some evidence that the measure is not valid.
- 2 = Measure has face validity; absence of evidence that measure is not valid.
- 4 = Measure has one or more acceptable forms of criterion-related validity (correlation with appropriate, validated measures or objective criteria); OR, for objective measures of response, there are procedural checks to confirm data validity; absence of evidence that measure is not valid.

## **Intervention Fidelity**

- 0 = Absence of evidence or only narrative evidence that the applicant or provider believes the intervention was implemented with acceptable fidelity.
- 2 = There is evidence of acceptable fidelity in the form of judgment(s) by experts, systematic collection of data (e.g., dosage, time spent in training, adherence to guidelines or a manual), or a fidelity measure with unspecified or unknown psychometric properties.
- 4 = There is evidence of acceptable fidelity from a tested fidelity instrument shown to have reliability and validity.

# **Missing Data and Attrition**

- 0 = Missing data and attrition were taken into account inadequately, OR there was too much to control for bias.
- 2 = Missing data and attrition were taken into account by simple estimates of data and observations, or by demonstrations of similarity between remaining participants and those lost to attrition.
- 4 = Missing data and attrition were taken into account by more sophisticated methods that model missing data, observations, or participants, OR there were no attrition or missing data needing adjustment.



#### Potential Confounding Variables

- 0 = Confounding variables or factors were as likely to account for the outcome(s) reported as were the hypothesized causes.
- 2 = One or more potential confounding variables or factors were not completely addressed, but the intervention appears more likely than these confounding factors to account for the outcome(s) reported.
- 4 = All known potential confounding variables appear to have been completely addressed in order to allow causal inference between the intervention and outcome(s) reported.

# **Appropriateness of Analysis**

- 0 = Analyses were not appropriate for inferring relationships between intervention and outcome, OR sample size was inadequate.
- 2 = Some analyses may not have been appropriate for inferring relationships between intervention and outcome, OR sample size may have been inadequate.
- 4 = Analyses were appropriate for inferring relationships between intervention and outcome. Sample size and power were adequate.



## Availability of Implementation Materials

- 0 = No materials or resources are available that could assist with program implementation.
- 1 = Limited materials and resources are available that could facilitate but not directly assist with program implementation.
- 2 = Limited materials and resources are available that directly assist with program implementation.
- 3 = Adequate materials and resources are available that directly assist with program implementation.
- 4 = Adequate materials and resources are available that directly assist with program implementation, and they are of high quality and appropriate for the intended audience(s).

#### **Availability of Training and Support Resources**

- 0 = No materials, resources, and/or technical assistance are available that support training or coaching.
- 1 = Limited materials, resources, and/or technical assistance are available that could facilitate but not directly support training and coaching.
- 2 = Limited materials, resources, and/or technical assistance are available to directly support training and coaching.
- 3 = Adequate materials, resources, and/or technical assistance are available that directly support training and coaching.
- 4 = Adequate materials, resources, and technical assistance are available that directly support training and coaching, and they are of high quality and appropriate for the intended audience(s).

## Availability of Quality Assurance Procedures

- 0 = No materials, resources, and/or procedures are available that could help ensure quality assurance.
- 1 = Limited materials, resources, and/or procedures are available that could facilitate but not directly assist in ensuring quality assurance.
- 2 = Limited materials, resources, and/or procedures are available to directly support quality assurance.
- 3 = Adequate materials, resources, and/or procedures are available that directly support quality assurance.
- 4 = Adequate materials, resources and/or procedures are available that directly support quality assurance, and they are of high quality and appropriate for the intended audience(s).